

# NASHOBA COMMUNITY PARTNERSHIP FOR CHILDREN

Bolton, Lancaster & Stow

## NASHOBA NEWS 2021-20222



Dear Nashoba Families,

Here's a question: What are our children's behaviors communicating? When our children are "acting out", for example, behaving aggressively, crying, or yelling, they are often trying to tell us something that is difficult to communicate with words. These behaviors are opportunities for the adults in their lives to look "beyond the words" to figure out what is being "said". Is your child frightened? Feeling unsure? Overwhelmed? Angry?

Behavior in young children is used as a means to meet their needs, often to let us know they want something or want to avoid something. But what can we do to help our children learn new ways to behave, express their feelings, and problem solve? We want to help explore this topic and find usable solutions. Join our virtual parent education discussion, facilitated by an experienced early childhood/child development specialist, on **October 13th at 7:00 pm**. There is no cost for you to attend. **Please see below for further details and the registration link.** See you there!

Wishing you all the best,

Liz Garreffi, MS, CCC-SLP  
Early Childhood Coordinator/Team Chair  
Nashoba Regional School District

If we can be of further help to you please feel free to contact us!

Liz Garreffi [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net)

Liz Dumas [edumas@nrsd.net](mailto:edumas@nrsd.net)

## UPCOMING EVENTS AND INFORMATION

## Good News!

Our first sessions of in-person Discover and Learn Weekly Playgroups are up and running! Spots are filling up but we still have some room in our Lancaster and Bolton groups. We'd love to have you join the fun!

**To Register:**

**Complete Registration Form:** [Link](#) and

**Ages & Stages Questionnaire:** [Link](#)

*[Registration is Required - All students/parents/guardians must wear a mask to participate](#)*



**FREE**

## **Discover and Learn** **Weekly Playgroups**

For Children Ages 2-5 Years Old

Led by our Nashoba Regional School District

PK teachers

### **LOCATIONS & SCHEDULE**

**Center School** - At Full Capacity

**Florence Sawyer School** - Mondays 11:45 AM - 1:15 PM

**Mary Rowlandson Elementary School** - Mondays 9-10:30 AM



## Parent Education

*Why Do Children Do What They Do?  
Behavior Communicates a Message*

FREE Online Presentation  
Wednesday, October 13, 2021  
7-8:00 pm

*Presented by: Cynthia Maxfield, MS. Ed.  
Early Childhood / Child Development Specialist*



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*Why Is My Child Behaving Like That?  
How Can I Understand and Help My Child, and Ease Our Daily Life?*

If these questions have crossed your mind, our parent education event may provide some answers.

Join us for our virtual discussion event to explore the topic that behavior communicates a message. Children engage in challenging behavior because it works for them. During our time together, we will discuss how we can determine what the meaning of our child's behavior is, and strategies to teach them new ways to behave, express their emotions, and solve problems.

**Presenter:** Cynthia Maxfield, MS. Ed., has 45 years of experience as an Early Childhood Teacher and Administrator, working with families and children in both private and public schools as well as in community settings. As the former Early Childhood Coordinator for Nashoba Regional School District, Cynthia led a pilot program in implementing “Positive Behavior Supports” in the early childhood classrooms. She also has 40 years of parenting experience as a mother of 3 children, and a grandmother of 6 grandchildren.

**[Click to Register](#)** *The Zoom link will be emailed to you before the presentation.*

*If you have any questions please feel free to contact Liz Garreffo, Early Childhood Coordinator, at [egarreffo@nrsd.net](mailto:egarreffo@nrsd.net) or Liz Dumas at [edumas@nrsd.net](mailto:edumas@nrsd.net).*



Every **CHILD**  
Ready to **READ**  
@ your library®

**FREE** in-person outdoor storytimes for October are held at our local libraries or on the town green!

Join Ms. Liz for an engaging storytime with music, movement and craft activities.



*September storytime was lots of fun!*

**Tuesday, October 12th at 10:30 AM** at the Bolton pavilion on the town green (weather permitting)

**Friday, October 15th at 10:30 AM** at Randall Library, Stow

**Thursday, October 21st at 10:30 AM** at Thayer Memorial Library, Lancaster



*September indoor activity following outdoor storytime*

## PARENT SURVEY



We would love your input! Tell us how we can best serve you and your family by completing this quick survey. It will help us provide you with the parent education topics you want for enhancing your parenting skills and your child's learning opportunities. Thank you!

[Survey Link](#)



Did you know we offer a free online Ages & Stages Questionnaire to help families learn about their child's development from birth through age 5? The ASQ link below makes it quicker and easier for parents to complete and get results, in about 10 minutes or less! To learn more about your child's developmental skills and how to enhance your child's development, please complete the ASQ form using this link:

[Questionnaire Link](#)

If you have any questions about the ASQ or would like to discuss your child's development, please contact: Liz Garreffi at [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net)

## JOIN US!

### Nashoba Community Partnership for Children Advisory Council Virtual Meeting Tuesday, October 5, 2021, at 3:15 pm

Click this link to attend: <https://meet.google.com/bgi-tecm-qad?hs=122&authuser=0>

Our Advisory Council is a collaboration of parents/caregivers, community members, child-related educators and service providers, preschool professionals, and agency leaders from our community towns of Lancaster, Bolton, and Stow. We meet four times per year to connect and set goals with a focus to improve services for our families with young children. Please join us, at whatever level possible. It's an opportunity to have an active and positive role in your community and your child's education. New members are always welcome!

For more information or if you have any questions, please contact Liz Garreffi, Early Childhood Coordinator, at [egarreffi@nrsd.net](mailto:egarreffi@nrsd.net), or by calling 978-779-0539 x3008.

## HELPFUL LINKS

**Bolton Public Library, Bolton**

Click Here To View: [Ongoing Youth Programming](#)

**Thayer Memorial Library, Lancaster**

Click Here To View: [Ongoing Youth Programming](#)

**Randall Library, Stow**

Click Here to View: [Ongoing Youth Programming](#)

**Early Education and Care:** The Department of Early Education and Care's mission is to support the healthy growth and development of all children by providing high-quality programs and resources for families and communities

**Product Recalls:** Regulated by the US Government to better alert families about unsafe, hazardous, or defective products.

**Poison Control:** Get poison control help ONLINE or call 1-800-222-1222. Both options are free, expert, and confidential.

**Resources for Early Learning:** Information and learning resources for educators, parents, and caregivers.

**Worcester Central KIDS Calendar:** Central MA Fairs and Festivals Guide

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**Department of  
Early Education and Care**

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Early Childhood Office: Emerson Wing of the Florence Sawyer School ~ 50 Mechanic Street, Bolton MA

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